



OUR SPRING SERIES OF Skills Development Workshops

StreetGames' Training enables learners to activate change by building skills and knowledge in the areas of sport, physical activity, community safety, mental and physical wellbeing.

In the Spring of 2024, we are offering individual learners the unique opportunity to access our award winning online training, through a choice of six of our most innovative and exciting [Training Workshops](#).



But do hurry!

...these are the only individual place 'open' courses we're offering StreetGames collaborators in 2024. With demand sure to be high, we anticipate to reach the maximum participants on each workshop very quickly, so book now so that YOU don't miss out!!!

We are also delighted to offer an 'early bird' discount of £10 per booking when discount code *EARLYBIRD* is used prior to our 'early bird' deadline of Wednesday 31st January 2024.

Workshop 1 MANAGING CHALLENGING BEHAVIOUR

 27 FEB 2024 9AM - 12PM	 ONLINE DELIVERY	 16 MIN AGE OF PARTICIPANT	 £60 PER LEARNER	 CLICK HERE TO BOOK
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- The workshop explores how Doorstep Sport can be used as an engagement tool to address social exclusion, anti-social behaviour and community tension and build stronger communities.
- Participants learn the characteristics of 'hard to reach' young people and how to effectively engage with them.
- They are shown how to recognise the causes and triggers of anti-social behaviour and they explore the development of tools and skills that enable young people to take ownership of their issues and effectively manage challenging behaviour.

Workshop 2 YOUTH MENTAL HEALTH AWARENESS

 29 FEB 2024 1PM - 4PM	 ONLINE DELIVERY	 16 MIN AGE OF PARTICIPANT	 £60 PER LEARNER	 CLICK HERE TO BOOK
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- This introductory three-hour session raises awareness of young people's mental health. We discuss some of the common mental health issues affecting young people, including depression, anxiety, eating disorders and psychosis.
- We cover the different skills to work more effectively with young people living with mental health issues and the different ways to support young people with a mental health issue and relate to their experiences.

Workshop 3 KEEPING YOUNG PEOPLE SAFE IN COMMUNITY SPORT

 04 MAR 2024 9AM - 12PM	 ONLINE DELIVERY	 16 MIN AGE OF PARTICIPANT	 £60 PER LEARNER	 CLICK HERE TO BOOK
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- This 3-hour workshop promotes a whole organisation approach to safeguarding and is suitable for project managers, coaches, leaders and volunteers working in community sport environments with regular responsibility for children and young people.
- Using specific examples and scenarios taken from the community sport context, learners will have the opportunity to discuss and explore key topics including welfare, safeguarding, child abuse and radicalisation.
- Learners will develop their knowledge and understanding of the importance of early intervention and identifying, responding and reporting concerns.
- This workshop has been CIMSPA Endorsed and gives 3 CPD points.

Workshop 4 ENGAGING WOMEN AND GIRLS

 06 MAR 2024 1PM - 4PM	 ONLINE DELIVERY	 16 MIN AGE OF PARTICIPANT	 £60 PER LEARNER	 CLICK HERE TO BOOK
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- This interactive workshop equips participants with practical ideas on how to best engage women and girls in physical activity.
- The workshop explains the sporting needs of young women and girls, and defines the techniques for delivering successful sports programmes for young women.
- The workshop covers what works to both engage and retain female participants and includes case studies from projects that are successfully engaging females.

Workshop 5 UNDERSTANDING YOUNG PEOPLE FROM UNDERSERVED COMMUNITIES

 12 MAR 2024 9AM - 12PM	 ONLINE DELIVERY	 16 MIN AGE OF PARTICIPANT	 £60 PER LEARNER	 CLICK HERE TO BOOK
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- This workshop will bring to life research to help learners to gain a better understanding of some of the issues that influence young people's lives, and how this can have an impact on their sports participation levels.
- We will draw upon experiences in the room, challenging learners to think about the young people they work with, and the wider issues that they face on a day to day basis.

Workshop 6 ADVERSE CHILDHOOD EXPERIENCES (ACES) & TRAUMA INFORMED PRACTICE TRAINING

 14 MAR 2024 1PM - 4PM	 ONLINE DELIVERY	 16 MIN AGE OF PARTICIPANT	 £60 PER LEARNER	 CLICK HERE TO BOOK
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- Based on the latest research of health & wellbeing, this workshop provides learners with a foundation of what is going on in a young person body, the short and longer-term impact this has on the behaviour and how we can make small changes by being Trauma Informed to achieve better life outcomes for young people.
- The workshop explores ACEs and the impact it has on Young People's health as well as our role in using sport to build resilience with a 'Trauma Informed approach'.



For additional information and any follow up queries, please contact:
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